



One Garden Divine Flower and Nature Essences

Key Word Descriptions

www.onegardenessences.com

One Garden Divine Flower and Nature Essences inspire, encourage, guide, educate, support and cultivate your desire to emotionally resolve the childhood soul injuries and error-based use of will that are causing your pain and suffering. For it is the soul injures that block experiences of love, truth, joy and soul growth – physically, emotionally, mentally and spiritually.

One Garden Essences acknowledge and respect your free will to choose your responses.

To use this guide, One Garden Essences encourage you to examine your feelings, impressions and reactions (positive or negative) when you connect to the **name of the essence, and descriptive words**.

As you read about and “*feel*” into each essence, it will automatically connect/trigger a recognition within your soul and offer an emotional response/reaction indicating an issue requiring your attention.

This is more of a feeling process rather than a mental one because *feeling is healing* and gives you more truthful indication at the soul level.

☺ - indicates loving essential truths, inspiration & potential

☹ - indicates errors & wounding that require love, truth and emotional release

1	Royal Welcome	☺ True Identity – soul, belonging, important, welcoming ☹ Façade – hidden, no-one, rejection, wrong, special/elitism/above others, don't belong
2	Golden Chalice	☺ Soul Abundance – recovery, fertility, flourish, soul wealth, healing, accepting love ☹ Soul Poverty – unloved, trauma, victimised, abandonment, poverty, depressed, infertile
3	Divine Feminine	☺ Authentic version – God's feminine qualities, beauty, kind, mental agility, sane, resourceful, bold, hormones ☹ Repressed – malicious, timid, dysfunctional, mental instability, hysteria, unbalanced, dominating, controlling, angry
4	Divine Masculine	☺ Authentic Version – God's masculine qualities, power without force, gentle, logical, methodical, constructive, hormones ☹ Warrior – brutal, hot-headed, gang culture, wounded, diminished, pandering
5	Emissary of Peace	☺ Peace - desire peace, comfortable, assured, genuine, truthful, leadership, comradery ☹ War – with the world, attacking, defensive, reactive, parochial, exhausted, competitive
6	Sweet Surrender	☺ Allowance – inspired, vulnerable, overwhelmed, flexible, willing, trusting ☹ Controlling – manipulative, resistive, argumentative, tense, immobilised, procrastinating
7	Divine Purity	☺ Truth – purifying, emotional release, unburdening, clarifying, healing ☹ Error – untruth, injured, tainted, burdened, error
8	Divine Patience	☺ Process – patient, relaxed, optimistic, digested, understanding, wise ☹ Demanding – impatient, restless, anxious, forceful, jealous
9	Divine Grace	☺ Easy – engaging God's assistance, sincere forgiveness & apology ☹ Hard – doing it alone, unforgiveness, unapologetic, challenged
10	Divine Truth	☺ God's Absolute Truth – intervention, authentic, honest, loving real truth ☹ Fabricated Truth – façade, deceitful, secretive, denial, falsehoods ,story-telling
11	Divine Revelation	☺ Exposed – transparent, liberated, relief, unmasked, revealing truth ☹ Hiding away – addictions, guilt, shame, illusions, covering error
12	Divine Love	☺ Transformation – God's Love, highest form of love, soul absorption, soul nourishment ☹ Refusal of Love – autism, unlovable falsehood, deprived, withdrawn, anguished
13	Divine Timing	☺ Opportunity – inspired, order, sequence, responsive, discerning, intuitive ☹ Avoidance – procrastination, suspicion, overbearing, reckless

14	Divine Knowing	☺ Awareness – knowing self, knowing God, perceptive, education through Law of Attraction ☹ Ignorance – unaware, perplexed, detuned, powerless
15	Royal Heart	☺ Soul Longing – earnest intention, yearning, soulmate bond stimulant ☹ Disheartened – heartbroken, pining, hateful, despondent, disillusioned
16	Divine Passion	☺ Clear Direction – passionate, action, purposeful, soul/heart navigation ☹ Lost – sad, confused, vague, resentful, blaming, inaction
17	Divine Respect	☺ Value – respect of life, appreciation, generosity, honouring, bountiful prosperity ☹ Disregard – disrespectful, lack, scarcity, desolate, desperation
18	Divine Flow	☺ Movement – emotional, self-assured, unimpeded, instinctual, humble ☹ Blocked – obstruction, inhibition, humiliation, rigid
19	Divine Song	☺ Expression – creation, amplify, soul song, harmonise, synthesis ☹ Suppression – creative block, issues with voice, throat, eyes, ears
20	Divine Ecstasy	☺ Vitality – life-force, creative energy, dynamic, healthy sexuality, stamina ☹ Lifeless – apathy, exhaustion, sexual wounding, impotence, error-based indoctrinated
21	Divine Trust	☺ Reliability – trustful, faith building, consistency ☹ Betrayal – unpredictable, wariness, mistrustful, trauma
22	Divine Joy	☺ True Happiness – pleasure, love, truth, faith, resolved, healed, confident ☹ Depression – pain, suffering, denial, blaming, excuse, false comfort, minimising
23	Divine Devotion	☺ Focus & Priority – loving use of will, order, commitment to love and truth ☹ Distraction – obsessive, duty-filled, misguided, sacrificial, obligated in wrong direction
24	Divine Justice	☺ Correction - God’s loving laws, recoverable, supported, fairness, accountability ☹ Error – judgement, injustice, corrupted, dominating, vengeful, rebellious
25	Divine Sovereignty	☺ Personal Responsibility – loving use of will, choice & decision, soul integrity ☹ Co-Dependent – giving will away, abuse of power, victim/bully, superior/inferior
26	Divine Wisdom	☺ Experience – education, experiential learning, experimentation ☹ Intellect – unwilling to experience, superficial, inadequate, assumption
27	Divine Nurture	☺ Soul Sustenance – nourished with self-love, comfortable, fulfilled, healthy food choices ☹ Emptiness – gluttony, self-annihilation using food, excessive nurturing of others, eating disorders, desperate, deprivation
28	Divine Reconciliation	☺ Restoration – will, desire and action to heal, regather, emotional processing & healing ☹ Victim – unwilling, powerless, self-defeating, blaming, not-accepting self-responsibility
29	Divine Purpose	☺ Soul Purpose – childhood interests, recognition of uniqueness, heart-centred & guided ☹ Aimless – apathetic, uninspired, bored, insecure, defeated, misguided, over-ruled, fearful
30	Divine Courage	☺ Brave - bravery, daring, vulnerable, willing, measured ☹ Fearful – unwilling, cowardly, frightened, unwilling
31	Divine Union	☺ Soulmate – relationships, heterosexual and homosexual, reunite with other half of soul ☹ Single – denial, demanding, disharmony, choice, separation, unresolved, pining, resentful
32	Divine Growth	☺ Progress – desire to grow with love, risk, improvement, learning from mistakes ☹ Stagnation – resignation, disillusioned, embattled, choosing ordinary, tantrum
33	Divine Communication	☺ Inform – listening, co-operation, mediumship, logical, sequential order, sharing ☹ Secret – withhold, unco-operative, withdrawn, illogical
34	Divine Protection	☺ Safe – secure, friendly, brave, humble, resolved and healed ☹ Unsafe – unhealed, attacked/attacking, suspicious, phobic, defensive, intimidated, persecuted
35	Divine Expansion	☺ Curious – inquisitive, explorative, adventurous, stretching ☹ Constriction – hesitant, stubborn, complacent, addiction to comfort
36	Divine Gratitude	☺ Thankful – sincere, abundant, expansive, heart-full ☹ Ungrateful – dismissive, insincere, devaluing, blaming, complaining
37	Divine Temple	☺ God-Reliance – God’s system of support, provision, unlimited, collaboration ☹ Self-Reliance – suborn, self-absorbed, fearful, limiting, difficult, materialism
38	Divine Ascension	☺ Evolution – soul condition of love, growing in love & truth, improving, emotional processing ☹ Devolution – soul condition declining, withering, choosing to sin/harm, denial, wilful
39	Divine Unity	☺ Collaboration – teamwork, shared-focus, contribution ☹ Solitary – isolation, self-determined, competitive, limited
40	Divine Initiation	☺ Beginning – transition, new journey, decisive, embarking with action ☹ Procrastination – pain & suffering, seeking permission, fear & tantrum

41	Divine Completion	☺ Death – acceptance, finality, birth, surrender, new-life, endings, completion ☹ Unaccepting – uneducated, apprehensive, distressed, selfish
42	Divine Sanctuary	☺ Reflection – prayer, rest, assessment, replenishment ☹ Recluse – hiding, frozen, hostile, restless, avoidance
43	Divine Self Love	☺ Loving Self – love of self, forgiveness, self-acceptance ☹ Selfishness – self-absorbed, self-hatred, unforgiving, self-deprecating, self-punishing
44	Divine Self Worth	☺ Worthy – accepting God’s version, precious, unique, valuable ☹ Unworthy – unhealed generational wounding, falsehood, impoverished, hurtful, apologetic
45	Divine Innocence	☺ Playful – child-like, inner child, innocent, true self ☹ Wounded – serious, hurt self, crushed, afflicted, childhood soul wounding, humiliated
46	Divine Guidance	☺ Counsel – highest authority, Ask! God’s higher version of Google ☹ Misguided – tricked, gullible, limited learning, not discerning, not feeling
47	Divine Tribe	☺ Belonging – God’s family, togetherness, authentic leadership ☹ Conflict – arguments, family falsehoods, cliques, parochial, false authority, divorce/custody
48	Divine Resonance	☺ Rapport – compatible, resonant, broadcast, distribution ☹ Dissonance – incompatible, interference, disagreeable, conflict
49	Divine Glory	☺ Recognition – breakthrough, acknowledge, authentic, assured ☹ Neediness – unrecognised, prideful, conceited, false worth & agendas, seeking approval
50	Divine Giving	☺ Genuine – authentic gifting with genuine intentions & love ☹ Hidden Agenda – manipulative, conditional, error-based seeking approval & worth
51	Divine Receiving	☺ Open – accepting love & truth, soul absorption, allowing in ☹ Closed – rejection, armour, resistance, fearful, blocking
52	Divine Humility	☺ Emotional Honesty – willing to feeling & expressing all feelings – pleasant/unpleasant to heal ☹ Pride – controlling, reluctance to self-honesty, stoic, self-destructive, denial
53	Divine Prayer	☺ Ask – sincere, soul-full request to God, personal conversation, powerful, loving ☺ Dictate – ritual, demand, using mind not heart, futile
54	Divine Gift	☺ Blessing – unexpected, reward, genuine gift of love, being loved ☹ Ignore – unwilling to accept, giving without love
55	Divine Rebirth	☺ Clean Slate – emotional removal of causal error, emergence of new patterns ☹ Perpetual Error – generational error-based DNA downloading at conception, doing nothing to change error for future generations, generational suppressed, unhealed emotions causing harm for self and others, passing on responsibility of error
56	Divine Remembrance	☺ Memory – remembering, healing suppressed feelings, desire to unlocking repressed emotions, loving truth more than fear ☹ Forget – don’t want to remember, frozen moments, fear of past, denial, suppression, dementia
57	Divine Fearless	☺ Confident – humble, daring, enthusiastic, brave, calm ☹ Scared – anxiety, insecure, terror, paralysed, panicked, phobias, controlling
58	Golden City of Light	☺ Change – innovation, experimentation, inspiration, aspiration, futuristic ☹ Tradition – unimaginative, rigid, closed, regression, fear of change
59	Starry Night	☺ Sleep State - dreams, guides, guardians, angels & spirits, rejuvenation ☹ Insomnia – nightmares, negative spirit experience, disturbance
60	Tears From Heaven	☺ Emotional – ultimate soul healing, grief & sadness release, humble, relief ☹ Stoic – self-harm, prideful, controlling, misguided, illness, pain & suffering
61	Unfolding Potential	☺ Risk – daring to grow, exercising will to grow, developing skills ☹ Comfort – stuck, fear of change, choosing not to explore and develop
62	Divine Faith	☺ Belief – experimenting, faith building, willing to trust ☹ Anxiety – worry, no faith, panic, false stories, no action
63	Divine Redemption	☺ Forgiveness & Repentance – recovery process of soul, essential God’s system of healing ☹ Defiance – refusal to forgive and accept responsibility to heal damage done to self and others
64	Divine Resurrection	☺ Immortal – reception of Divine Love, everlasting eternal life, ongoing opportunities ☹ Mortal – no belief, abyss, dead-end
65	Divine Mother	☺ True Parent - God (real parent), bonding, mother/child healing, mothering issues ☹ Sibling Rivalry – bickering, jealousy, mother wounds, incest
66	Divine Desire	☺ Manifesting - heart’s desire, motivated, optimistic ☹ Apathy - waiting to be lucky, lust, self-limiting, pointless

67	Divine Embrace	☺ Acceptance – loved & embraced, celebrated, included ☹ Prejudice – rejected, segregated, wronged, judgement, blame
68	Divine Free Will	☺ Personal Choice – free will and choice, accept consequences of choices ☹ Manipulation – hooked, controlled, entangled, enmeshed, consequences, possessed, obsessed
69	Convergence	☺ Merger – integration, forward movement, sorting, acceleration ☹ Divergence – separate, wandering, indecisive, unproductive
70	Divine Father	☺ True Parent – God (real parent), certainty, father/child healing ☹ Doubt & Uncertainty – unreliable, unloved, distorted, father wound, hole in soul, incest
71	Fountainhead	☺ Infinite Source – God, creator of universe, resources, eb and flow ☹ Limited – scarcity, limitations, panic, war, competition
72	Divine Compassion	☺ Soft – heart of flesh, forgiven, apologised, kindness, educational mistakes ☹ Harshness – heart of stone, unforgiving, unreasonable, punishment, perfectionism
73	Rage	☺ Release – ownership, safe physical release, personal responsibility ☹ Hindrance – tantrums, blaming, passive-aggression, tension, self-attack, destructive
74	Denial	☺ Cause – magnification, discovery, passionate love of absolute truth ☹ Effect – short-term result, long & repetitive cycle of pain & suffering
75	Divine Foundation	☺ Stability – balance, soul infrastructure, strength, permanent support ☹ Fragility – wavering, collapse, deconstruction, insecure
76	Divine Connection	☺ Sensitivity – awareness, feeling, sensory ☹ Numbness – shut-down, disconnected
77	Divine Balance	☺ Equilibrium – moderation, measured, balance of ingredients ☹ Extreme – excessive, insufficient
78	Reminiscence	☺ Recall - completing emotional process, replacing fantasy with truth, ☹ Regret – nostalgia, guilt, shame, unresolved pain, bitterness, love is a gift & cannot be expected or demanded
79	Aloha	☺ Friendship – sincere desire to love others, affection, consideration, honesty ☹ Narcissism – self-focussed, judgement, condescension, hatred, lies
80	Sacrifice	☺ God's Truth – importance, self-loving, ethic, morals, values ☹ Suffering - self-denial, unimportant, violation
81	Divine Intimacy	☺ Vulnerable – soft, open, sharing self, emotional, relationship, transparency, trusting ☹ Closed – mistrustful, incompatible, rejecting, separation
82	Divine Presence	☺ Present – illuminate moment, present in the moment, receiving the gift, feedback ☹ Detached – absent, disassociation, overlook, past, future
83	Divine Perseverance	☺ Commitment – determination, persistent, enduring, faithful ☹ Waning – inadequate, useless, unsupported, futile, faithless
84	Divine Liberation	☺ Victory – willingness, overcoming adversity, accepting truth, sovereignty ☹ False Beliefs – self sabotage, entrapment, self-defeating, lies to self
85	Unconditional	☺ Intention – God's versions of unconditional love, honouring free will ☹ Obligation – manipulation, bartering, bribery, blackmail, expectations, sacrifice, demanding
86	Mouth of God	☺ Integrity – purity of word, being authentic source, speaking God's truth ☹ Falsehood – lies, deception, making assumptions, gossiping
87	Tree of Life	☺ Sustainability – constant supporting life, everlasting life, renewal, life beyond death, ☹ Unsupported - precarious, unreliable, falsehood about life & death
88	Gate of Heaven	☺ Sincerity – being honest in all transactions, use of will in the direction of love ☹ Resistance – unwilling, stubborn, waiting for others, insincere, fake



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